

A STUDY ON SWEATING THERAPY AND ITS EFFICACY

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ABSTRACT

From the ancient literature of Unani System of Medicine, “Sweating” is one of the Regimental Therapy through which cleaning and evacuation of morbid matter is done. The skin of the patient plays an important role for sweating; the process of sweating is induced by specific method in the Center for Unani Ilaj Bit Tadbeer.

KEYWORDS: Sweating, Tareeq